

DELAWARE VALLEY WRESTLING

Freshmen to win district titles (5)

Brent Conly / Kris Sigafoos / Nick LaFevre
Scott Santangelo / Mike Pongracz

Sophomores to win Districts (11)

Jeff Segreaves / Scott Tettermer / Jamie Wicks
Brent Conly / Stephen Em / CJ Inglin / Dan Kelly
Kris Sigafoos / Nick LaFevre / Mike Pongracz
Kyle Lightner

District Outstanding Wrestler Award Winners (7)

Jamie Wicks ('87) / John Pasterkiewicz ('88)
Brian Conly ('89) / Tony DiBartolomeo ('93)
Don Schaeffer ('99) / Kris Sigafoos ('07)
Matt Kolonia ('16)

2x District Champs (11)

Dave Traxinger ('74, '75) / Jim Traxinger ('77, '78)
Scott Tettermer ('84, '85) / Eric Jurgensen ('84, '85)
Rick Savacool ('85, '86) / Bill Aschenbach ('87, '88)
Cody Barbiche ('10, '11) / Kody Eichlin ('13, '14)
Kyle Schlitter ('15, '16) / Matt Kolonia ('16, '17)
Kyle Lightner ('16, '17)

3x District Champs (6)

Jeff Segreaves ('73, '74, '75)
Jamie Wicks ('86, '87, '88)
Brent Conly ('91, '92, '93)
CJ Inglin ('04, '05, '06)
Dan Kelly ('05, '06, '07)
Mike Pongracz ('10, '11, '13)

4x District Champs (2)

Kris Sigafoos ('04, '05, '06, '07)
Nick LaFevre ('05, '06, '07, '08)

Region Outstanding Wrestler Award Winners (1)

John Pasterkiewicz ('88)

2x Region Champs (3)

Jeff Segreaves ('74, '75) / Jamie Wicks ('87, '88)
Mike Pongracz ('11, '13)

3x Region Champs (3)

Brent Conly ('91, '92, '93) / Kris Sigafoos ('05, '06, '07)
Dan Kelly ('05, '06, '07)

Freshmen to qualify for states (5)

Rick Savacool('83) / Brent Conly ('91) / Dan Kelly ('04)
Mike Pongracz ('10) / **AJ DeRosa ('16)**

2x State Qualifiers (20)

Jeff Segreaves ('74, '75) / Jim Traxinger ('77, '78)
Brad Anderson ('77, '78) / Grant Gould ('83, '84)
Brian Conly ('89, '90) / Joel Borzotta ('89, '90)
Andy Fitz ('89, '90) / Ricky Kreiger ('92, '93)
CJ Inglin ('05, '06) / Brad Gelegonya ('06, '07)
Rich Gebert ('07, '08) / Nick LaFevre ('06, '08)
Bobby Stevely ('08, '10) / Cody Barbiche ('10, '11)
Derek Zehnauer ('11, '12) / Will VanDoren ('11, '12)
Connor Mills ('16, '17) / Matt Kolonia ('16, '17)
Kyle Lightner ('16, '17) / **AJ DeRosa ('16, '18)**

3x State Qualifiers (8)

Rick Savacool('83,'84,'86) /Scott Tettermer('84,'85, '86)
Jamie Wicks('86,'87,'88) / Bill Aschenbach ('86,'87,'88)
Brent Conly ('91, '92, '93) /Dan Hutchins ('00, '01, '02)
Chris Kelly ('03, '04, '05) / Kris Sigafoos ('05, '06, '07)

4x State Qualifier (2)

Dan Kelly ('04, '05, '06, '07)
Mike Pongracz ('10, '11, '12, '13)

Freshmen to Place in NJ States (1)

Brent Conly, '91, 4th at 103

Sophomores to Place in NJ States (5)

Brent Conly, '92, 1st at 112
Dan Kelly, '05, 5th at 103
Kris Sigafoos, '05, 3rd at 119
Stephen Em, '06, 3rd at 103
Mike Pongracz, '11, 8th at 119

3x State Place Winner (3)

Brent Conly '91 (4th), '92 (1st), '93 (1st)
Dan Kelly '05 (5th), '06 (2nd), '07 (1st)
Mike Pongracz '11 (8th), '12 (5th), '13 (5th)

NJ State Outstanding Wrestler Award Winners (2)

Jeff Segreaves ('75)
Jamie Wicks ('88)

A TRADITION OF EXCELLENCE